



*"As your Representative, my most important job is solving problems facing local residents and businesses." -Rep. Rush Holt*

Rep. Rush Holt is always pleased to assist you with any questions, issues or problems that you might have with federal agencies. He has helped more than 17,000 constituents with various issues they have had with government agencies. He is also pleased to offer a variety of other services to Central New Jersey residents, including providing internship opportunities in my offices, obtaining U.S. flags flown over the Capitol, nominating students for the nation's service academies, and arranging tours of various sites in Washington, D.C. Please refer to the links below to see how I might be helpful.

[Help with Federal Bureaucracy](#) Rep. Holt can assist if problems you might run into with federal agencies. I may be able to expedite passport applications, ensure you receive your medicare and social security benefits and help veterans receive the benefits and medals they have earned.

[Grants and Federal Contracts](#) ( [Spanish version: Subvenciones y Ayuda Federal de Ámbito Nacional](#) ) Rep. Holt can assist Central New Jersey businesses obtain federal grants and contracts and help them as they go through the process of obtaining them.

[Flags Flown over the Capitol](#) Rep. Holt is able to have flags flown over the Capitol to commemorate special events and dates.

[Academy Appointments](#) Each Year, Rep. Holt recommends, based on merit, qualified students from the 12th Congressional district for admission to the Academies of our armed forces.

[Visiting Washington DC](#) If you are coming to Washington, I can help arrange tours of the Capitol, White House and other Washington sites.